

THE BEACON for Business Success

For People Who Want to Boost Their Business Skills And Embrace Success



DECEMBER 2007: Gift Certificate for Coaching

GIVE A VERY UNIQUE PRESENT THIS SEASON: GIVE THE GIFT OF COACHING

Aurora, Ontario, Canada - Are you completely out of ideas for the perfect gift this holiday season? The International Coach Federation and **Lois Galloway of Discover Yourself Coaching** in Aurora, Ontario have an idea for the perfect gift that will make a long-lasting impact on the lives of your family and loved ones. This year, give the gift of coaching.

Professional, personal and business coaching is one of the fastest growing professions in the world. Coaching is partnering with clients in a creative and thought-provoking dialogue that inspires them to maximize their personal and professional potential.

Galloway has been coaching in York Region, Ontario for the past 5 years. Galloway works with business owners, groups and individuals **who want to learn how to successfully build lasting and committed relationships** with clients, staff, colleagues, family, friends and potential life partners.

"Thousands of people benefit annually as they learn about coaching and use it to work through anything that is causing a roadblock in their personal or professional lives. Coaching is being widely used by everyone from executives to stay-at-home moms to retirees looking to start a new career."

Examples of coaching include:

- Helping an individual re-discover his/her sense of purpose, successfully change careers, and find far more balance and meaning in life.
- Helping an independent professional find the quickest and most natural path to establishing a successful professional practice.
- Helping an entrepreneur increase revenues by 300%, manage more effectively, and find the time to enjoy her success.
- Helping a senior executive develop higher levels of emotional intelligence, deal with rapid change, lead more effectively, and achieve breakthrough results with his team.

People often hire a coach when they are starting a new business, making a career transition, re-evaluating life choices, or simply feeling ready for a personal or professional breakthrough. "Those who are beginning to feel like they need a coach should ask themselves: Do I have a goal? Do I feel stuck with no direction? Am I ready to take action?" said Galloway.

Discover Yourself Coaching is dedicated to empowering people with possibilities. Working with proven programs and coaching tools, individuals and teams are motivated to develop relationship building skills, expand their personal and professional development and propel themselves to achieve specific, attainable goals.

Lois Galloway is also a member of the International Coach Federation (ICF). ICF is the leading global organization dedicated to advancing the coaching profession by setting high standards, providing independent certification, and building a worldwide network of credentialed coaches. ICF has more than 11,000 members in 80 countries. For more information, please visit www.coachfederation.org.

Don't wait... CALL TODAY (905) 713-1352
to book your **FREE coaching discovery session**
with Lois Galloway

Gift Certificates are also available upon request

THE BEACON for Business Success

For People Who Want to Boost Their Business Skills And Embrace Success



Contact Lois for a **FREE 30 minute discovery session** either by phone or in person.

Lois Galloway
Business & Personal Development Coach

Discover Yourself Coaching
lois@discoveryyourselfcoaching.com
www.discoveryyourselfcoaching.com
(905) 713-1352

Lois Galloway is a member of International Coaching Federation, Coaches Canada and International Association of Coaches; trained by Coach University, Facilitation First and Relationship Coaching Institute, all well respected training facilities.



Lois provides her clients with a nurturing, non-judgmental space to engage in stimulating conversations and explore exciting possibilities that get positive results.

Her 30 years experience as a successful entrepreneur helps guide individuals on their journey toward personal and business related goals.

Personal Coaching:

- Women in their turbulent (sometimes troublesome) 40's and 50's
- Middle-age men wanting to reshape and transform their lives

Business Coaching:

- Business owners who can't find enough hours in the day to get things done
- Leaders who are paralyzed by fear of failure
- Team players who are frustrated with dysfunction and conflicts

Facilitation:

- Focus Groups looking for clarity and solutions
- Business teams, meetings
- Workshops and teleclasses
- Lois is a Certified PRINT Survey Assessment provider/coach.

Lois' fees are available upon request. For fee structure and additional information, please send an email to: lois@discoveryyourselfcoaching.com

To subscribe to THE BEACON - For People Seeking Ultimate Personal Power newsletter, go to: www.discoveryyourselfcoaching.com. Or send an email with JOIN in the subject to: lois@discoveryyourselfcoaching.com

Copyright/Reprint Info: The contents of this Newsletter may be copied, reproduced or freely distributed for all nonprofit purposes without the consent of the author as long as the author's name and contact information are included.